

## ORDERING

### Step 1

Complete a brown paper bag with your child's name, class and lunch order. Include any special requests or Instructions. Some lunch bags are available in each classroom for your convenience.

### Step 2

Place the correct money inside the bag. Any change will be taped to the outside of the bag.

### Step 3

Place orders in the Lunch Order boxes in your child's classroom.

### Collection

Lunch orders will be collected from the canteen by a couple of chosen students from each class.

Our School Canteen is run completely by volunteers. Please call or pop in to the front office if you would like to volunteer your time in the canteen, all offers greatly appreciated.

### North Ingle School Canteen

Promotes—



7 Rothwell Avenue  
INGLE FARM SA 5096  
Phone: 8264 7498  
Fax: 8264 2777  
E-mail: dl.1183.info@schools.sa.edu.au

## NORTH INGLE SCHOOL

### CANTEEN MENU

2021

#### Canteen Opening Times

Monday, Tuesday & Wednesday-CLOSED

Thursday-Recess only

Friday-Recess and Lunch



All prices current as of 22nd January, 2021

## SNACKS

(AVAILABLE THURSDAY AND FRIDAY\*)

### GREEN OPTIONS

|                              |     |
|------------------------------|-----|
| Corn Thins (GF)              | 10c |
| Popcorn Cup (GF)             | 50c |
| Pikelets *                   | 50c |
| 1/2 Boiled Egg (GF)          | 30c |
| Cheese Cube                  | 10c |
| Apple Slinky (GF) on request | 70c |
| Carrot / Cucumber Sticks (V) | 5c  |
| Pineapple UFO (V)            | 40c |
| Frozen Yoghurt Pops          | 50c |

### AMBER OPTIONS

|                               |        |
|-------------------------------|--------|
| Pizza Slice                   | 70c    |
| Milo Banana Sticks            | 40c    |
| Cracker Biscuits              | 10c    |
| Frozen Juice Pops             | 50c    |
| Pita Chips                    | 10c    |
| Vege Chips (GF)               | \$1.20 |
| Pretzels                      | \$1.20 |
| Cheese Stringer               | 80c    |
| Gelato (Choc or Vanilla) (GF) | \$2.50 |

### DRINKS

|  |        |
|--|--------|
| Chocolate Devondale Moo  | \$1.50 |
| Strawberry Devondale Moo                                       | \$1.50 |
| Juice Box ( Tropical, Apple , Orange , Apple and Blackcurrant) | \$1.00 |
| Water  | \$1.00 |

\* Not available all days



## LUNCH ORDERS

(FRIDAY ONLY)



### SANDWICHES AND WRAPS\*\* (GREEN/AMBER)

|   |        |
|---|--------|
| Vegemite Sandwich   | \$1.50 |
| Toasted Cheese Sandwich   | \$2.00 |
| Chicken Schnitzel or Roast Chicken wrap/sandwich/roll with lettuce, cheese, tomato, carrot                              | \$4.50 |
| Make your own any choice of 4 fillings  | \$4.50 |
| Fillings available - Chicken ,Tuna, Lettuce, Tomato, Cucumber, Pineapple, Beetroot, Pickled Onion, carrot and Vegemite. |        |
| Add mayonnaise or sauce to any sandwich or wrap no additional charge  |        |

### FRIDAY LUNCH SPECIALS



|  |        |
|--|--------|
| Homemade Lasagne and Fruit Box GREEN   | \$5.00 |
| Homemade Lasagne and Devondale Moo   | \$5.50 |
| Chicken Fried Rice (contains egg & garlic) and Fruit Box/Water (GF) GREEN              | \$5.00 |
| Vietnamese Chicken Rice Noodle Salad and Fruit Box/Water (GF) (V) GREEN                | \$5.00 |
| Vietnamese Rice Noodle Salad and Fruit Box/Water (GF) (V) GREEN                        | \$4.50 |
| 2 Sausage Rolls and Fruit Box/Water  | \$4.50 |
| 2 Sausage Rolls and Devondale Moo  | \$5.00 |
| Big Ingle Burger and Devondale Moo   | \$5.50 |
| *Extra toppings 40c p/topping*   |        |
| Chicken Nuggets with Devondale Moo   | \$5.50 |
| Roast Chicken sandwich/wrap ( with lettuce, cheese, tomato, carrot ) and Devondale Moo | \$5.50 |
| Tuna Mornay and Fruit Box/Water  | \$5.00 |
| Tuna Mornay and Devondale Moo  | \$5.50 |

\*\* Every effort is made to reduce the number of additives in the food we offer. However, some products can contain some additives which may contribute towards behavioral and learning problems and health issues such as headaches and asthma in some people.

GF = Gluten Free HL = Halal Approved V = Vegetarian

## LUNCH ORDERS

(FRIDAY ONLY)



### HOT/COLD FOOD

|   |             |
|---|-------------|
| Homemade Sausage Rolls AMBER  | \$2.00      |
| Tuna Mornay and Pasta GREEN   | \$4.50      |
| Baked Potato with Bolognaise and Cheese (GF) GREEN  | \$4.50      |
| Vegetarian Dim Sim (V) AMBER  | \$1.70 each |
| BBQ Chicken Pizza (Pita Bread, BBQ Sauce, Chicken, Cheese and Pineapple) GREEN                                  | \$4.50      |
| Chicken Nuggets (HL) (5 Nuggets served with Garden Salad or Peas and corn) AMBER                                | \$4.50      |
| The Big Ingle Chicken Burger (HL) AMBER   | \$4.50      |
| (Crumbed Chicken Fillet, Lettuce, Tomato and Mayonnaise on a Whole meal Roll)                                   |             |
| Spaghetti Bolognese GREEN   | \$4.50      |
| Sushi - Nori wrapped rice with filling choices of   |             |
| - Chicken or Tuna with Cucumber and Mayo AMBER  | \$4.00      |
| - Cucumber and Carrot GREEN   | \$3.50      |
| - Cucumber GREEN  | \$3.50      |
| Corn on the Cob (GF) (V) GREEN  | 50c         |
| Pizza Slices (MAX 3 SLICES) AMBER   | 70c each    |
| Side Salad (GF) (V) GREEN ( Tomato, Lettuce, Carrot, Cucumber )   | \$1.00      |
| Salad Pack - Chicken Schnitzel Fillet, Egg, Cheese, Lettuce, Carrot, Tomato, Cucumber, Celery and Lettuce AMBER | \$5.00      |
| Homemade Lasagna with cheese béchamel sauce GREEN   | \$4.50      |
| Sauces - Tomato, BBQ, Mayonnaise, Soy   | 40c each    |